

I CAN & I WILL

Cancer treatment side effects can impact both during treatment and later as well. They are classified into two categories. Some temporary changes that appear during treatment and gradually fade away after treatment and some changes that are permanent causing long-term irreversible damage for life time. Most temporary side effects can be managed effectively with guidance from your oncologists and support groups while permanent damages would need extensive rehabilitation therapies.

“Cancer treatment is annoying, disruptive and deeply frustrating, maintaining a calm mindset can help you regain control.”

Amar Bhaskar

HPV Vaccination Drive

8th and 9th August 2026 @ Chitradurga

Mitra CanCare Foundation, in collaboration with The Sathya Sai Trust, successfully conducted the second-dose Human Papillomavirus (HPV) vaccination drive for girls participating in the Chitradurga pilot program.

The pilot initiative began in January 2026, when 104 girls received their first dose of the HPV vaccine on 3 and 10 January at Chitradurga. As part of the ongoing vaccination program, the second dose was administered on 8 and 9 August 2026 at Basaveshwara Medical College & Hospital and Suneetha Nursing Home, respectively.

The program was made possible through the valuable support of Dr. Mahalaxmi and Dr. Pratima, along with the nursing staff, interns and other support teams from Basaveshwara Medical College & Hospital and Suneetha Nursing Home. Four Mitra Sevaks also actively supported the vaccination drive throughout the two days.

We are grateful to Mr. Venkatesh from Serum Institute, Davangere, and the AK PHARMA dealer for ensuring the timely supply.

The drive followed a systematic process, beginning with student registration and a pre-vaccination check of vital parameters. Following medical clearance, the children were administered the HPV vaccine and kept under observation for 30 minutes to monitor for any immediate reactions or common side effects such as injection-site pain, redness or swelling, as well as symptoms such as headache, fatigue or nausea.

To make the experience comfortable for the children, Badam milk and buttermilk were provided as refreshments following vaccination.

Across the two-day drive, 89 children from eight schools received their second dose of the HPV vaccine. Five children could not be vaccinated on the day as they presented with cold and fever. Based on the doctors' advice, vaccination was deferred for them, and their parents were advised to contact Dr. Sowmya and complete the vaccination within the following 10 days.

The cooperation of the doctors, nursing teams, interns and support staff from Basaveshwara Medical College & Hospital and Suneetha Nursing Home, together with the dedicated efforts of the Mitra Sevaks, made the vaccination drive a smooth and positive experience for the children.

HPV Vaccination Drive

29th August 2026 @ N R Hospital

Mitra CanCare Foundation conducted an HPV Vaccination Drive for students of Mahatma Vidyalaya, Muthanallur, aged 13–16 years (VIII–X Std), as a continuation of the first dose administered on 31 January 2026 at NR Hospital, Attibele.

22 students received their second dose, following registration, vital checks and vaccination, with each child observed for 20 minutes. Three students with fever and throat infection were advised to take the vaccine after recovery.

Dr. Mahalaxmi and Dr. Namrata administered the vaccines, supported by four Wipfli volunteers, the school Principal and teachers, N R Hospital doctors and staff, and vaccine partners Serum Institute and UTIVAC, who ensured cold-chain delivery.

With this drive, the Taruni Mitra initiative completed its first round, administering 247 vaccine doses (two-dose regimen) across three schools between August 2025 and August 2026.

HPV Vaccination Drive

